

Participant Information Sheet

Reproductive Futures: Exhibition and Art Workshop

Date: 27th July 2024 **Time:** 10:00 – 16:00

Location: Convention House, East Street Arts, St. Mary's Lane, Mabgate, Leeds.

You are invited to take part in a creative workshop. This information sheet will tell you what the workshop will involve. This will help you decide whether to take part in the event.

Please take time to read the following information carefully. Please contact us if there is anything that is not clear, or if you would like more information.

There will be an opportunity for you to talk to us before the workshop by email, phone call, or online video chat.

Who is running the workshop?

The workshop is being run by Herfa Thompson and Zoe Tongue. Herfa is an artist based in Leeds, and Zoe is a researcher at the University of Leeds.

The workshop is supported by East Street Arts and will take place at Convention House.

What is the purpose of the workshop?

We want to explore different experiences of reproductive health. This includes a range of reproductive health issues: pregnancy, abortion, childbirth, and reproductive health illness. In the workshop, we will use visual art as a way of sharing stories. Artwork created by participants will be collected into a zine. The zine will be sent to you after the workshop.

Alongside the workshop, we are putting together an exhibition of our own artwork on these topics. We hope that our art will inspire the conversations we have in the workshop.

The workshop will be split into three sessions:

- 1) A guided session exploring what 'reproductive health' means.
- 2) A mindful art session.
- 3) A session for you to use art to explore your own experiences of reproductive health.

What will happen if I take part?

Your participation is voluntary. If you decide to take part, you will be given this information sheet to keep. You will be asked to sign a consent form.

You will have the opportunity to ask any questions before the workshop by email or online video chat. Alternatively, if you provide a phone number, we can arrange a phone call.

If you decide to take part, you can withdraw at any time. You do not need to give us a reason.

The workshop will not be recorded. Anything you share in the workshop will be kept private. Your information will not be used for any further research.

You can decide if you want your art to form part of our zine. If you do want your art to be included in the zine, you can decide if you want to be named or not. Your art will not be used for any other purpose.

What are the possible benefits of taking part?

We hope to provide a space for people to talk about their reproductive health experiences. We also want to think about how reproductive healthcare could be improved. We hope that our project will lead to future research on reproductive healthcare policies.

We have funding available to contribute to travel and childcare costs. Lunch will be provided. We will provide all resources and art materials for the workshop.

How will the workshop be safeguarded?

The workshop will include conversations about sex, pregnancy, childbirth, gender, and personal identity. Issues such as infertility, pregnancy loss, and reproductive health illness are likely to come up in conversation. These topics may be sensitive for some people.

We will guide the conversation provide support and signposting where these themes come up in our discussions. Participants will be provided with resources on where to find support after the workshop (including mental health support).

What will happen after the workshop?

At the end of the workshop, we will collect artworks or take photographs of them. If you do not want your personal information attached to your art, this will be removed. We will post out a copy of the zine to all participants.

We will email you a survey about your experiences of the workshop.

Your personal information (name, email address, and postal address) will only be stored for three months after the workshop. This is to ensure that we can send out zines to all participants. After this point, we will not contact you any further.

If you decide to take part, you can withdraw at any time without giving us a reason. If you choose to withdraw, we will delete your personal data and will not contact you any further.

Who do I contact if there are any problems?

If you have a concern about any aspect of the workshop, please contact Zoe Tongue at Z.Tongue@leeds.ac.uk who will do their best to answer your questions.

Who is organising and funding this event?

This event has been organised by Zoe Tongue and Herfa Martina Thompson. The workshop is taking place at East Street Arts. This event was funded by the University of Leeds Cultural Institute and supported by East Street Arts. The project runs until July 2024.